



## iTind™ Procedure FAQ

(Frequently Asked Questions)

### Is the iTind procedure performed in an office or a hospital?

The iTind procedure can be performed in the outpatient hospital, surgery center, or urology office. Talk to your urologist about which site of care is best for you.

### Is the treatment permanent?

Durability has been demonstrated in clinical studies out to at least 4 years in terms of symptom improvement and quality of life in a significant number of patients.<sup>1</sup> The iTind procedure does not preclude retreatment or other BPH treatments, should they be needed or desired in the future.

### How long will I need to recover?

The treatment period lasts around five to seven days. After removal of the iTind device, most men feel rapid relief from their BPH symptoms and may resume their normal physical activities shortly thereafter.<sup>1,2,3</sup>

### Do I have to stop taking blood thinners prior to the procedure?

Talk to your urologist about the medications you are taking and whether they think it's safe to change those medications prior to the procedure.

### Most treatment options require a catheter after the procedure. Will I need to use a catheter after the iTind procedure?

The iTind procedure was designed to be a routinely catheter-free procedure. Studies show that 95% of patients treated with the iTind procedure did not require a catheter after the procedure.<sup>1</sup>

### Will the iTind procedure negatively affect my sexual function?

The device positioning helps to ensure that no damage is caused to sperm ducts or sphincters, avoiding risks of sexual dysfunction. In clinical studies, sexual function was preserved among patients treated with the iTind procedure.<sup>2,3</sup> This is a unique benefit of this procedure compared to invasive surgery and prescription BPH medications.<sup>4</sup>



More information:  
[www.BPHTherapy.com](http://www.BPHTherapy.com)



**Get Out of the Bathroom and Back on the Road**

**Talk to Your Doctor About the Innovative iTind™ Procedure**

Implantation of the iTind™ device may cause pelvic discomfort, blood in urine, painful or urgent urination. In rare cases, the iTind procedure may cause urinary tract infection or a sudden difficulty to urinate.

It is the responsibility of the treating physician to identify and discuss risks and benefits associated with the iTind procedure with their patients before they consent to the procedure. Individual results may vary.

1. Amparore et al., 2023. Temporary implantable nitinol device for benign prostatic hyperplasia-related lower urinary tract symptoms: over 48-month results.
2. Chughtai et al., 2021. The iTind™ Temporarily Implanted Nitinol Device for the Treatment of Lower Urinary Tract Symptoms Secondary to Benign Prostatic Hyperplasia: A Multicenter, Randomized, Controlled Trial.
3. De Nunzio et al., 2021. Urinary and sexual function after treatment with temporary implantable nitinol device (iTind™) in men with LUTS: 6-month interim results of the MT-06-study.
4. Ahyai SA, Gilling P, Kaplan SA, et al. Meta-analysis of functional outcomes and complications following transurethral procedures for lower urinary tract symptoms resulting from benign prostatic enlargement.

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## Enlarged Prostate Symptoms?

**Rapid Relief – Without Invasive Surgery or BPH Medications<sup>1,2</sup> The iTind™ Procedure.**



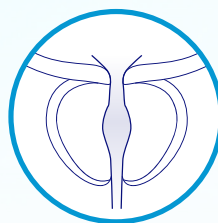




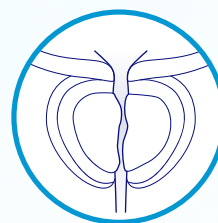
## Are enlarged prostate symptoms impacting your quality of life?

The prostate is a small gland located right below the neck of the bladder and is part of the male reproductive system. The urethra, which carries urine from the bladder outside the body, runs through the prostate gland.

A healthy prostate gland is approximately the shape and size of a walnut. As men age, the prostate gland often becomes enlarged. This very common process is called Benign Prostatic Hyperplasia (BPH), or enlarged prostate. This causes the prostate to press against the urethra, causing chronic and sometimes troublesome lower urinary tract symptoms that can severely affect your quality of life.



Normal Prostate



Enlarged Prostate



**Symptoms you are experiencing may be due to an enlarged prostate**

- Difficult urination
- Frequent need to urinate
- Weak stream
- Difficulty to start or stop urination
- Inability to sleep through the night
- Difficulty in voiding completely
- Leakage
- Sexual dysfunction

The iTind™ procedure delivers **rapid relief** of enlarged prostate symptoms that lasts more than just a few years<sup>1</sup> – without heat, cutting or leaving permanent implants or chemicals behind.

## What is the iTind™ procedure and how is it different from other treatments?

The iTind™ device is a temporary implant that reshapes your prostate in five to seven days.

The minimally invasive procedure is an alternative to BPH medications, invasive surgery, and their side effects.<sup>4</sup> This treatment allows urine to flow more freely **while preserving sexual function and urinary continence**.<sup>2,3</sup> After removal of the iTind device, patients experience rapid relief of their urinary symptoms.<sup>1</sup> In clinical studies, patients experienced symptomatic relief that lasted more than 4 years.<sup>1</sup>

## Why Choose the iTind Procedure?



Return to your normal activities in days, not weeks.<sup>3</sup>



Straightforward procedure that can be performed in the office.<sup>2,3</sup>



No permanent implants or chemicals left behind.



Routinely catheter-free procedure.<sup>1</sup>



Preserves sexual function and continence.<sup>2,3</sup>



Temporary implant, removed after only 5-7 days.